

Issued by the Met Office at 0001 UTC on Monday 03 March 2014

Ser. No. 76

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Monday 03 March to 0000 UTC Tuesday 04 March 2014

#### General Situation

A complex multi centred area of low pressure across the United Kingdom will gradually fill and lose its identity through Tuesday as a ridge of high pressure builds across southern areas on Wednesday.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southeasterly 5 to 7 in northeast and far southeast, otherwise cyclonic 4 or 5. Slight in inner Moray Firth otherwise moderate or rough.

Rain.

Moderate or poor.

Outlook for the following 24 hours:

Cyclonic becoming southwesterly 4 or 5, occasionally 6 in north.

Slight in inner Moray Firth, otherwise moderate or rough.

Rain or showers.

Moderate or good, occasionally poor at first.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southeast becoming cyclonic then west or southwest 4 or 5, occasionally 6.

Moderate or rough.

Rain, becoming mainly fair in south later.

Moderate or poor, becoming good in south.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6, decreasing 3 or 4 later.

Slight or moderate.

Showers.

Moderate or good.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southeast 5 to 7 veering west or southwest 4 or 5, occasionally 6.

Moderate or rough, becoming slight or moderate.

Occasional rain, fair later.

Moderate or poor, becoming good.

Outlook for the following 24 hours:

South or southwest 3 or 4, occasionally 5 at first.

Mainly slight.

Showers then fair.

Moderate or good.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southeast 5 to 7 veering southwest 5 or 6, decreasing 3 or 4 later.

Moderate or rough, becoming slight or moderate.

Occasional rain, fair later.

Moderate or poor, becoming good.

Outlook for the following 24 hours:

Variable mainly south or southwest 3 or 4.

Slight.

Showers then fair.

Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southeasterly 6 to gale 8 veering southerly or southwesterly 4 or 5, becoming variable 3 or 4 later.

Moderate or rough, becoming slight.

Rain then showers.

Moderate or poor, becoming good.

Outlook for the following 24 hours:

Variable 3 or 4.

Slight.

Showers then fair.

Moderate or good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southerly 6 to gale 8 in east at first, otherwise westerly 3 or 4 backing southwesterly 5 to 7, becoming variable 3 or 4 then northwesterly 4 or 5 later.

Moderate or rough.

Showers.

Moderate or good.

Outlook for the following 24 hours:

Cyclonic 3 or 4, becoming northwesterly 4 or 5 for a time.

Moderate or rough, becoming slight or moderate.

Showers.

Good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

West or southwest 3 or 4 backing south or southwest 5 to 7, becoming cyclonic then north or northwest 4 or 5 occasionally 6, later.

Slight in shelter, otherwise moderate or rough.

Showers.

Moderate or good.

Outlook for the following 24 hours:

Northwest 5 or 6 backing southwest 3 or 4, then southeast 4 or 5 later.

Slight or moderate.

Showers then mainly fair.

Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southwesterly veering northwesterly 5 to 7, perhaps gale 8 later in far west for a time.

Rough or very rough, becoming high in far west for a time.

Showers.

Moderate or good.

Outlook for the following 24 hours:

Northwest 5 to 7 backing southwest 3 or 4, then southeast 5 or 6 later.

Moderate or rough, but very rough or high in far west at first.

Showers, occasional rain later.

Moderate or good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southwesterly backing southerly, becoming cyclonic then northerly or northwesterly, 5 to 7, perhaps gale 8 later in far southwest for a time, but mainly 4 or 5 in east.

Moderate or rough in east, becoming very rough or high in west.

Showers.

Moderate or good.

Outlook for the following 24 hours:

Northwesterly 4 or 5, but 6 in far southwest at first, backing southwesterly then southeasterly 3 or 4, increasing 5 or 6 in west.

Moderate or rough, but very rough in west at first, and becoming slight in east later.

Showers.

Moderate or good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Southwest becoming cyclonic then northwest 4 or 5, occasionally 6, backing west later.

Slight or moderate, becoming rough or very rough in south.

Showers.

Moderate or good.

Outlook for the following 24 hours:

West backing east 4 or 5, decreasing 3 or 4.

Moderate or rough, becoming slight or moderate.

Showers then fair.

Good.

Great Orme Head to the Mull of Galloway

24 hour forecast:

Southwest, veering northwest for a time, 3 or 4, occasionally 5.

Mainly slight.

Showers.

Moderate or good.

Outlook for the following 24 hours:

West or southwest 3 or 4, occasionally 5, backing southeast 2 or 3.

Mainly slight.

Showers then fair.

Moderate or good.

Isle of Man

24 hour forecast:

West or southwest 3 or 4 becoming variable 2 or 3, then or northwest 4 or 5.

Slight or moderate.

Showers.

Mainly good.

Outlook for the following 24 hours:

West or southwest 4 or 5, occasionally 6 at first, decreasing 3 or 4.

Slight or moderate.

Showers then fair.

Good.

Lough Foyle to Carlingford Lough

24 hour forecast:

Variable 3 or 4, becoming northwest 4 or 5 for a time.

Slight or moderate.

Showers.

Moderate or good.

Outlook for the following 24 hours:

West or southwest backing south 3 or 4, occasionally 5.

Moderate or rough in far northwest, otherwise slight or moderate.

Showers.

Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel

24 hour forecast:  
Variable 3 or 4, becoming northwesterly 4 or 5 for a time.  
Slight or moderate.  
Showers.  
Moderate or good.

Outlook for the following 24 hours:  
Westerly or southwesterly backing southerly 3 or 4, occasionally 5.  
Slight or moderate.  
Showers.  
Good.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:  
Variable mainly west 3 or 4, becoming northwest 4 or 5 for a time.  
Remaining slight or moderate in shelter, otherwise becoming rough or very rough.  
Showers.  
Moderate or good.

Outlook for the following 24 hours:  
West backing south 3 or 4, occasionally 5.  
Slight or moderate in shelter, otherwise rough or very rough.  
Showers.  
Good.

The Minch

24 hour forecast:  
Variable 3 or 4 becoming west or northwest 3 or 4, occasionally 5.  
Slight or moderate, becoming rough or very rough in far south.  
Rain or showers.  
Moderate or good.

Outlook for the following 24 hours:  
Westerly or southwesterly 4 or 5, occasionally 6 in north, increasing mainly 6 later.  
Slight or moderate, but mainly rough in far south and far north.  
Showers.  
Moderate or good.

Ardnamurchan Point to Cape Wrath

24 hour forecast:  
Variable 3 or 4 becoming west or northwest 3 or 4, occasionally 5.  
Moderate or rough, becoming very rough or high.  
Rain or showers.  
Moderate or good.

Outlook for the following 24 hours:  
Westerly or southwesterly 4 or 5, occasionally 6 in north, increasing mainly 6 later.  
Very rough or high, becoming rough.  
Showers.  
Moderate or good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Monday 03 Mar 2014 at 0000 UTC until Monday 03 Mar 2014 at 1200 UTC

Shetland Isles

General Situation

Complex low over the UK will extend fronts over Shetland waters and bring a strong southeasterly airflow.

Gale Warnings in operation for Sea Area Fair Isle: Southeasterly gale force 8.

Southeast 5 to 7, occasionally gale 8 later.

Rough.

Rain at times.

Moderate or good.

Outlook for 12 Hours from 1200 UTC on Monday 03 Mar until 0000 UTC on Tuesday 04 Mar:

Southeast 6 to gale 8.

Rough or very rough.

Rain at times.

Moderate or good.

Channel Islands - (SWW)

24 hour forecast:

West to southwest 5 to 6, occasionally 7 with gusts to 45kt, soon backing southwest to south, veering west in the morning and northwest in the afternoon, increasing 6 to 7 in the evening, perhaps locally gale 8 for a time.

Rather rough to rough, becoming rough to very rough by the afternoon.

Scattered rain and hail showers with the risk of thunder, more frequent and perhaps prolonged in the morning, becoming isolated by evening.

Moderate to good, locally moderate to poor in showers.

Outlook for the following 24 hours:

Northwest 6 to 7, decreasing 4 to 5 overnight, backing west 2 or 3 by midday and southeast 4 by midnight.

Rough with a moderate to heavy swell, decreasing slight to moderate later Tuesday, with a diminishing swell.

Isolated showers with the risk of thunder at first, dying out in the morning outbreaks of rain spreading in from the southwest mid-afternoon.

Good, locally moderate to poor in rain and showers.

(c) Crown Copyright 2014