



An unstable and moist flow provides the energy for some heavy downpours later today, probably aligned in north-south zones through parts of southern and central Scotland, as well as northern England. In some locations, these may produce in excess of 30 mm of rain in 2 or 3 hours, while other places will escape the worst.

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For the following areas

- Central, Tayside & Fife
  - Clackmannanshire
  - Falkirk
  - Fife
  - Perth and Kinross
  - Stirling
- East Midlands
  - Lincolnshire
  - Nottinghamshire
- North East England
  - Darlington
  - Durham
  - Gateshead
  - Hartlepool
  - Middlesbrough
  - Newcastle upon Tyne
  - North Tyneside
  - Northumberland
  - Redcar and Cleveland
  - South Tyneside
  - Stockton-on-Tees
  - Sunderland
- North West England
  - Cumbria
  - Lancashire
- SW Scotland, Lothian Borders
  - Dumfries and Galloway
  - East Lothian
  - Edinburgh
  - Midlothian Council
  - Scottish Borders
  - West Lothian
- Strathclyde
  - East Ayrshire
  - East Dunbartonshire
  - East Renfrewshire
  - Glasgow
  - North Lanarkshire
  - Renfrewshire
  - South Lanarkshire
  - West Dunbartonshire
- Yorkshire & Humber
  - East Riding of Yorkshire
  - Kingston upon Hull
  - North East Lincolnshire
  - North Lincolnshire
  - North Yorkshire
  - South Yorkshire
  - West Yorkshire
  - York

For enquiries regarding this warning please contact the Met Office Weather Desk

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