

Issued by the Met Office at 0500 UTC on Thursday 05 March 2015

Ser. No. 95

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Thursday 05 March to 0600 UTC Friday 06 March 2015

#### General Situation

High pressure over biscay will become slow moving over northern France and dominate the weather across the south and east of the United Kingdom. Deep Atlantic low pressure systems will move northeast near Iceland and will bring strong winds to the north and west of the United Kingdom at times.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southwest 6 to gale 8, occasionally severe gale 9 in far west, decreasing 4 or 5 later.

Moderate or rough, occasionally very rough north and west of Orkney, otherwise slight or moderate.

Occasional rain or showers.

Moderate or good.

Outlook for the following 24 hours:

South or southwest 4 or 5, increasing 7 to severe gale 9 for a time.

Slight until later in Cromarty Firth, otherwise moderate or rough, occasionally very rough far northwest.

Occasional rain.

Moderate or good.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southwest 5 to 7, occasionally 4 later.

Slight, occasionally moderate.

Occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

South or southwest 5 to 7, perhaps gale 8 later.

Moderate or rough, occasionally slight at first.

Occasional rain.

Moderate or good.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southwest 5 to 7, occasionally 4 later.

Slight, occasionally moderate in north.

Mainly fair.

Good.

Outlook for the following 24 hours:

Southwesterly 4 or 5, increasing 6 or 7 later.

Slight, becoming moderate.

Mainly fair.

Good.

Whitby to Gibraltar Point

24 hour forecast:

West, backing southwest, 4 or 5.

Slight, occasionally moderate at first.

Fair.

Good.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6 later.

Slight, occasionally moderate later.  
Fair.  
Good.

#### Gibraltar Point to North Foreland

24 hour forecast:

Westerly, backing southwesterly, 3 or 4.  
Smooth or slight, occasionally moderate at first in north.

Fair.

Good.

Outlook for the following 24 hours:

Southwesterly 4 or 5, occasionally 6 later in north.  
Smooth or slight, occasionally moderate later in north and east.

Fair.

Good.

#### North Foreland to Selsey Bill

24 hour forecast:

Northwesterly, backing southwesterly, 3 or 4.  
Smooth or slight.

Fair.

Good.

Outlook for the following 24 hours:

Southwesterly 3 or 4, increasing 5 or 6 at times in east.  
Smooth or slight, occasionally moderate later.

Fair.

Good.

#### Selsey Bill to Lyme Regis

24 hour forecast:

Northwest, backing southwest, 3 or 4.  
Smooth or slight.

Fair.

Good.

Outlook for the following 24 hours:

Southwest 3 or 4, occasionally 5 later.  
Smooth or slight, occasionally moderate later.

Fair.

Good.

#### Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwesterly 3 or 4, occasionally 5 later in west.  
Moderate or rough in west and in far south, otherwise smooth or slight.

Fair.

Good.

Outlook for the following 24 hours:

Southwesterly 4 or 5, occasionally 6 in west.  
Slight in shelter, otherwise moderate or rough.

Fair.

Good.

#### Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southwesterly 3 or 4, occasionally 5 in west.  
Moderate becoming rough in southwest, otherwise slight or moderate.

Fair.

Good.

Outlook for the following 24 hours:

Southwesterly 4 or 5, occasionally 6 in west.  
Slight in far east otherwise moderate or rough.  
Fair.  
Good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, occasionally 6 in west.  
Slight, occasionally moderate.  
Fair.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5, increasing 6 or 7 except near shore Cardigan Bay, perhaps gale 8 later in northwest.  
Slight, becoming moderate or rough except in shelter.  
Mainly fair.  
Moderate or good.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
Southwest 4 or 5, increasing 6 at times.  
Slight, occasionally moderate.  
Fair, then occasional drizzle.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 5 to 7, decreasing 4 at times in Liverpool Bay.  
Slight or moderate, occasionally rough later.  
Occasional drizzle.  
Moderate or good, occasionally poor.

Isle of Man - (SWW)  
24 hour forecast:  
Southwest 5 or 6.  
Slight or moderate.  
Occasional drizzle.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwest 5 to 7, increasing gale 8 at times.  
Moderate or rough.  
Occasional rain or drizzle.  
Moderate or good, occasionally poor.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
Southwest 5 or 6.  
Moderate or rough in north, otherwise slight or moderate.  
Occasional rain.  
Moderate or good.

Outlook for the following 24 hours:  
South or southwest 5 to 7.  
Moderate or rough in north, otherwise slight or moderate.  
Occasional rain.  
Moderate or good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)  
24 hour forecast:  
Southwesterly 5 or 6.  
Slight or moderate, becoming rough for a time in North Channel.  
Occasional rain.

Moderate or good.

Outlook for the following 24 hours:

Southerly or southwesterly 5 to 7.

Slight or moderate, occasionally rough in North Channel.

Occasional rain.

Moderate or good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Southwesterly 5 to 7, occasionally gale 8 at first in west, then backing southerly 3 or 4 for a time.

Rough or very rough, becoming high for a time in west.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southwesterly 5 to 7, increasing gale 8 or severe gale 9 for a time in west.

Rough or very rough, occasionally high in west.

Occasional rain.

Moderate or good, occasionally poor.

The Minch - (SWW)

24 hour forecast:

South or southwest 7 to severe gale 9, decreasing 5 or 6.

Rough or very rough in far north and in far south, otherwise slight, becoming moderate or rough for a time.

Occasional rain or showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southwest 5 to 7, increasing gale 8 or severe gale 9 for a time.

Slight in shelter at first, otherwise moderate or rough, occasionally very rough in far north and in far south.

Occasional rain or showers.

Moderate or good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

South or southwest 7 to severe gale 9, decreasing 5 or 6.

Rough or very rough, becoming high for a time in west.

Occasional rain or showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southwest 5 to 7, increasing gale 8 or severe gale 9 for a time.

Rough or very rough, occasionally high in west.

Occasional rain or showers.

Moderate or good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Thursday 05 Mar 2015 at 0600 UTC until Thursday 05 Mar 2015 at 1800 UTC

Shetland Isles

General Situation

A deep low tracking northeast past Iceland will push its associated front over Shetland and the surrounding waters.

Gale Warnings in operation for Sea Area Fair Isle: Southwesterly severe gale force 9 in operation at time of issue.

Southwest 6 to gale 8, increasing severe gale 9 for a time, veering west 5 to 7.  
Rough or very rough, becoming high in the west.  
Occasional rain.  
Moderate or good, occasionally poor.

Outlook for 12 Hours from 1800 UTC on Thursday 05 Mar until 0600 UTC on Friday 06 Mar:

West 5 to 7 backing southwest 4 or 5.  
Very rough or high, occasionally rough in the east.  
Occasional rain then showers.  
Moderate or good, occasionally poor at first.

Channel Islands

24 hour forecast:

Northwesterly 1 to 3, becoming variable or westerly this morning, becoming southerly overnight, increasing 3 to 4 by Friday morning.  
Smooth or slight.  
Fair or fine cloudier in the north overnight.  
Good or very good.

Outlook for the following 24 hours:

Southerly 3 to 4, occasionally 5 in the north, veering southwesterly overnight.  
Smooth or slight, increasing slight to moderate overnight, with a low swell.  
Fair or fine.  
Good.

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