

Issued by the Met Office at 1700 UTC on Sunday 02 March 2014

Ser. No. 75

Inshore Waters Forecast to 12 miles offshore  
for the period 1800 UTC Sunday 02 March to 1800 UTC Monday 03 March 2014

#### General Situation

A complex area of low pressure will push eastwards into the United Kingdom on Monday and gradually fill early Tuesday, before a second Atlantic low tracks into the Southwest Approaches late Tuesday.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southeasterly 5 to 7, occasionally 4 later.

Slight in inner Moray Firth and occasionally very rough later around Orkney, otherwise moderate or rough.

Rain.

Moderate occasionally poor.

Outlook for the following 24 hours:

Southeast 5 to 7, veering southwest 4 or 5.

Slight in inner Moray Firth and occasionally very rough around Orkney, otherwise moderate or rough.

Rain.

Moderate occasionally poor.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

South or southeast 5 to 7, becoming cyclonic 4 or 5 later.

Moderate or rough, occasionally slight at first.

Rain.

Moderate occasionally poor.

Outlook for the following 24 hours:

Cyclonic 5 or 6, becoming southwest 4 or 5.

Slight or moderate, occasionally rough in north.

Rain or showers.

Moderate or good, occasionally poor at first.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

South or southeast, veering southwest later, 6 to gale 8, decreasing 4 or 5.

Slight or moderate, becoming moderate or rough for a time.

Occasional rain.

Moderate, occasionally poor at first.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6 at first.

Slight occasionally moderate at first.

Rain or showers.

Moderate or good.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

South or southeast, veering southwest for a time, 6 to gale 8, decreasing 4 or 5.

Slight or moderate, occasionally rough at first.

Occasional rain.

Moderate or rough, occasionally poor at first.

Outlook for the following 24 hours:

South 4 or 5, becoming variable 3 or 4.

Slight.

Rain or showers.  
Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southerly or southeasterly, veering southwesterly for a time, 5 to 7, occasionally gale 8 at first, decreasing 4 or 5 later.

Moderate or rough, occasionally slight later.

Occasional rain.

Moderate or rough, occasionally poor at first.

Outlook for the following 24 hours:

Southerly or southeasterly 4 or 5, becoming variable 3 or 4.

Slight occasionally moderate at first.

Rain or showers.

Moderate or good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southerly 6 to gale 8, veering southwesterly 5 to 7, becoming cyclonic 3 or 4 later.

Moderate or rough.

Rain then showers.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

Cyclonic 3 or 4, becoming northwesterly 4 or 5 for a time.

Moderate or rough, becoming slight later.

Showers.

Good, occasionally moderate.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

South 6 to gale 8, veering west or southwest 5 to 7, becoming cyclonic 3 or 4 later.

Moderate or rough.

Rain then showers.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

Cyclonic 4 or 5, becoming northwest 5 to 7, then variable 3 or 4 later.

Moderate, occasionally rough at first.

Showers.

Good, occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Westerly or southwesterly, becoming cyclonic, then northwesterly later, 6 to gale 8, occasionally 5 in east.

Moderate or rough, becoming very rough or high in west.

Rain then showers.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

West or northwest, backing southeast later, 5 to 7, occasionally gale 8 at first.

Very rough or high in west, moderate or rough in east.

Thundery showers.

Good, occasionally moderate.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Westerly or southwesterly, becoming cyclonic, then northwesterly later, 5 to 7, occasionally 4 in north.

Moderate or rough, becoming very rough or high, except in far east.  
Rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
West or northwest 5 to 7, backing southeast 4 or 5 later.  
Very rough or high, becoming moderate or rough later.  
Showers.  
Good, occasionally moderate.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
West or southwest, becoming cyclonic, then northwesterly later, 4 or 5, occasionally 6 at first.  
Slight or moderate, becoming moderate or rough, and very rough later in far south.  
Rain then showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Westerly or northwesterly, backing southeasterly later, 4 or 5, occasionally 6 in south at first.  
Moderate or rough, occasionally very rough at first in far south.  
Showers.  
Good, occasionally moderate.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
South or southwest 5 or 6, becoming variable 3 or 4, then northwest 4 or 5 later.  
Slight or moderate.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Northwest, backing south or southwest later, 4 or 5.  
Slight or moderate.  
Showers.  
Good, occasionally moderate.

Isle of Man  
24 hour forecast:  
West or southwest 4 or 5, becoming variable 2 or 3, then west or northwest 3 or 4.  
Moderate becoming slight.  
Showers.  
Mainly good.

Outlook for the following 24 hours:  
West or northwest 3 or 4, occasionally 5 at first.  
Slight.  
Rain or showers at first.  
Good, occasionally moderate at first.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
West or southwest, becoming cyclonic, then northwest later, 4 or 5, decreasing 3 for a time.  
Slight or moderate, occasionally rough later in north.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
West, backing southwest, 3 or 4, occasionally 5 at first.

Slight or moderate, occasionally rough in north.  
Showers.  
Good, occasionally moderate.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel

24 hour forecast:

Westerly or southwesterly, becoming cyclonic, then northwesterly later, 4 or 5, decreasing 3 for a time.

Slight or moderate.

Showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Westerly, backing southwesterly, 3 or 4, occasionally 5 at first.

Slight or moderate.

Showers.

Good, occasionally moderate.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

South or southwest, becoming cyclonic, then west later, 4 or 5, decreasing 3 for a time.

Slight in shelter, otherwise moderate or rough, becoming very rough or high later in north.

Rain or showers.

Moderate or good.

Outlook for the following 24 hours:

West, backing southwest, 3 or 4, occasionally 5 at first.

Slight in shelter, and very rough or high at first in north, otherwise moderate or rough.

Rain or showers.

Moderate or good.

The Minch - (SWW)

24 hour forecast:

South or southeast, becoming cyclonic, 4 or 5, occasionally 6 at first.

Slight or moderate, becoming rough or very rough later in far south.

Occasional rain.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

Cyclonic, becoming west, 4 or 5.

Slight or moderate, but rough or very rough in south.

Occasional rain.

Moderate or good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

South or southeast, becoming cyclonic, 4 or 5, occasionally 6 at first.

Moderate or rough, becoming very rough or high.

Occasional rain.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

Cyclonic, becoming west, 4 or 5.

Very rough or high, becoming rough later.

Occasional rain.

Moderate or good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 02 Mar 2014 at 1800 UTC until Monday 03 Mar 2014 at 0600 UTC

## Shetland Isles

### General Situation

Complex Atlantic Low will drift east towards the UK during the next day, extending fronts into Shetland waters.

Gale Warnings in operation for Sea Area Fair Isle: Southeasterly gale force 8 in operation at time of issue.

Easterly or southeasterly 5 to 7, occasionally gale 8 at first in far northeast and later in south.

Moderate or rough.

Showers clearing, then rain spreading north.

Moderate or good, occasionally poor later.

Outlook for 12 Hours from 0600 UTC on Monday 03 Mar until 1800 UTC on Monday 03 Mar:

Southeasterly 6 to gale 8, occasionally 5 at first.

Moderate or rough, occasionally very rough later in southeast.

Outbreaks of rain.

Moderate or good, occasionally poor at first.

### Channel Islands - (SWW)

#### 24 hour forecast:

Southwest to west 5 to 7 with gusts to 45kt, locally south in the east at first, backing southwest to south 5 to 6 after midnight, veering west after dawn, further veering northwest 6 to 7 in the afternoon.

Rather rough to rough, perhaps very rough later.

Rain in the east soon clearing occasional rain and hail showers, with the risk of thunder, more prolonged for a while during the morning.

Moderate to good, locally moderate to poor in rain and showers.

#### Outlook for the following 24 hours:

Northwest 6 to 7, decreasing 4 to 5 overnight, veering northwest to north mainly 2 or 3 during the afternoon.

Rough with a moderate to heavy swell, decreasing slight to moderate later Tuesday, with a moderate swell.

Scattered rain or hail showers, with the risk of thunder dying out overnight risk of rain in the southwest later in the afternoon.

Good, becoming moderate to poor in rain and showers.

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