

From the Met Office. Issued at 2330 GMT on Monday 04 Dec 2006.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: Atlantic low moving steadily east expected Hebrides by Tuesday evening.

From Cape Wrath to Duncansby Head including Orkney.

Wind: south 4 or 5 veering west or southwest 5 to 7, occasionally gale 8.

occasional rain.

Visibility: moderate or good.

Shetland.

Wind: west becoming cyclonic 5 or 6 becoming variable 3 or 4 for a time.

occasional rain then showers.

Visibility: moderate or good.

From Duncansby Head to Whitby.

Wind: south or southwest 4 or 5 increasing 5 to 7, occasionally gale 8.

occasional rain.

Visibility: moderate or good.

From Whitby to North Foreland.

Wind: southwest 6 to gale 8, occasionally severe gale 9 near North Foreland.

occasional rain.

Visibility: moderate or good.

From North Foreland to St. Catherine's Point.

Wind: southwest veering west 6 to gale 8, occasionally severe gale 9. occasional rain then showers.

Visibility: moderate or good.

From St. Catherine's Point to Lands End.

Wind: southwest veering west 6 to gale 8, occasionally severe gale 9. occasional rain then showers.

Visibility: moderate or good.

From Lands End to Colwyn Bay.

Wind: southwest veering west 6 to gale 8, occasionally severe gale 9. rain then showers.

Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.

Wind: southwest veering west 6 to gale 8, occasionally severe gale 9, but from Lough Foyle to Carlingford Lough southwest veering west 5 to 7.

occasional rain then showers.

Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.

Wind: south or southwest 5 or 6, occasionally 7, becoming cyclonic 4 or 5 later.

occasional rain then showers.

Visibility: moderate or good.