

Issued by the Met Office at 1100 UTC on Thursday 05 March 2015

Ser. No. 96

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Thursday 05 March to 1200 UTC Friday 06 March 2015

#### General Situation

Pressure will remain low near Iceland and high over central Europe. Between these systems, a broad run of southwesterly winds will affect the United Kingdom, strongest in the north, where it will remain unsettled.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Westerly or southwesterly, backing southerly later, 6 to gale 8, occasionally severe gale 9 in far west, decreasing 4 or 5 for a time.

Slight in inner Moray Firth, otherwise moderate or rough, becoming very rough or high at times north and west of Orkney.

Occasional rain or showers.

Moderate or good, occasionally poor in north.

Outlook for the following 24 hours:

Southerly or southwesterly 6 to gale 8, occasionally severe gale 9 in north.

Slight at times in inner Moray Firth, otherwise moderate or rough, but very rough or high north and west of Orkney.

Occasional rain, mainly in north.

Moderate or good, occasionally poor in north.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southwest 5 to 7, decreasing 4 for a time.

Slight, occasionally moderate.

Occasional rain, mainly later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

South or southwest 5 to 7, occasionally gale 8.

Slight or moderate, becoming moderate or rough.

Occasional rain.

Good, occasionally moderate.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southwest 5 to 7, decreasing 4 at times.

Slight, occasionally moderate.

Mainly fair.

Good.

Outlook for the following 24 hours:

Southwest 5 to 7, occasionally gale 8.

Slight or moderate.

Mainly fair.

Good.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southwest 4 or 5, occasionally 6 later.

Mainly slight.

Fair.

Good.

Outlook for the following 24 hours:

Southwest 5 to 7.

Slight or moderate.

Fair.  
Good.

Gibraltar Point to North Foreland  
24 hour forecast:  
Southwesterly 3 or 4, occasionally 5 later.  
Mainly slight.  
Fair.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5, occasionally 6 in north.  
Smooth or slight becoming slight or moderate.  
Fair.  
Good.

North Foreland to Selsey Bill  
24 hour forecast:  
Westerly 3 or 4, backing southwesterly 4 or 5 later.  
Smooth or slight.  
Fair.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5, occasionally 6 in east.  
Smooth or slight becoming slight or moderate.  
Fair.  
Good.

Selsey Bill to Lyme Regis  
24 hour forecast:  
West, backing southwest, 3 or 4, occasionally 5 later.  
Smooth in shelter, otherwise slight.  
Fair.  
Good.

Outlook for the following 24 hours:  
Southwest 4 or 5, occasionally 6 later.  
Slight becoming moderate.  
Fair.  
Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
Southwesterly 3 or 4, backing southerly or southwesterly 4 or 5, occasionally 6 later in west.  
Moderate or rough in far west, otherwise smooth or slight, becoming slight or moderate.  
Fair.  
Good.

Outlook for the following 24 hours:  
Southwesterly 5 or 6.  
Slight in shelter, otherwise moderate or rough.  
Fair.  
Good.

Lands End to St Davids Head including the Bristol Channel - (SWW)  
24 hour forecast:  
Southwesterly 3 or 4, occasionally 5 in west, backing southerly or southwesterly 5 or 6 later.  
Slight or moderate in Bristol Channel, otherwise rough.  
Fair.  
Good.

Outlook for the following 24 hours:

Southwesterly 5 to 7, decreasing 4 at times in east.

Slight in far east otherwise moderate or rough.

Fair.

Good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Southwesterly 5 or 6, occasionally 4 at first, increasing 7 at times later.

Slight or moderate, becoming moderate or rough later.

Fair.

Good.

Outlook for the following 24 hours:

Southwesterly 5 to 7, occasionally gale 8 in northwest.

Moderate or rough.

Occasional drizzle later.

Good, occasionally moderate.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

Southwest 5 or 6, occasionally 7 later.

Slight or moderate becoming moderate or rough later.

Occasional drizzle.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwest 5 to 7, occasionally gale 8.

Moderate or rough.

Occasional drizzle.

Moderate or good, occasionally poor.

Isle of Man - (SWW)

24 hour forecast:

Southwest 5 or 6, increasing 6 or 7 later.

Slight or moderate, becoming moderate or rough.

Occasional drizzle.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southwest 6 or 7, occasionally gale 8.

Moderate or rough.

Occasional drizzle.

Moderate or good, occasionally poor.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Southwest 5 or 6, backing south or southwest 6 or 7 later.

Slight or moderate until later in east, otherwise moderate or rough.

Occasional rain, mainly in north.

Moderate or good, occasionally poor in north.

Outlook for the following 24 hours:

South or southwest 5 to 7, occasionally gale 8.

Moderate or rough, occasionally very rough in north.

Occasional rain, mainly in north.

Moderate or good, occasionally poor in north.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Southwesterly 5 or 6, backing southerly or southwesterly 6 or 7 later.

Rough throughout near Mull of Kintyre, otherwise slight or moderate, becoming

moderate or rough later.  
Occasional rain.  
Moderate or good.

Outlook for the following 24 hours:  
Southerly or southwesterly 5 to 7, occasionally gale 8.  
Moderate or rough, occasionally very rough near Mull of Kintyre.  
Occasional rain.  
Moderate or good.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
South or southwest 5 to 7, occasionally gale 8, backing south or southeast 4 or 5 for a time.  
Moderate in shelter, otherwise very rough or high.  
Occasional rain.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
South or southwest 6 to gale 8, occasionally severe gale 9.  
Moderate in shelter, otherwise very rough or high.  
Occasional rain.  
Moderate or good, occasionally poor.

The Minch - (SWW)  
24 hour forecast:  
South or southwest 7 to severe gale 9, decreasing 4 or 5 for a time.  
Slight in shelter, otherwise moderate or rough, and very rough or high at times in far north and in far south.  
Occasional rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 7 to severe gale 9, decreasing 5 or 6 later.  
Slight or moderate in shelter, otherwise rough or very rough and high at times in far south.  
Rain.  
Moderate or poor, occasionally good.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
South or southwest 7 to severe gale 9, decreasing 4 or 5 for a time.  
Very rough or high.  
Occasional rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 7 to severe gale 9, decreasing 5 or 6 later.  
Very rough or high, becoming high or very high for a time in northwest.  
Rain.  
Moderate or poor, occasionally good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Thursday 05 Mar 2015 at 1200 UTC until Friday 06 Mar 2015 at 0000 UTC

Shetland Isles

General Situation  
Frontal trough clears east, before a ridge builds for a time on Thursday.  
Further frontal troughs move east across Shetland Waters on Friday.

Gale Warnings in operation for Sea Area Fair Isle: Southwesterly gale force 8

increasing severe gale force 9

Southwest 7 to severe gale 9, veering west 5 to 7.  
Moderate or rough in east, otherwise very rough becoming high.  
Rain, then occasional showers.  
Moderate or good, occasionally poor.

Outlook for 12 Hours from 0000 UTC on Friday 06 Mar until 1200 UTC on Friday 06 Mar:

West 5 to 7, backing south 6 to gale 8.  
Moderate or rough in east, otherwise high becoming very rough.  
Occasional showers, then rain.  
Moderate or good, occasionally poor.

Channel Islands

24 hour forecast:

Westerly 2 or 3, backing southwest to south overnight, increasing 3 to 4 by Friday morning.  
Smooth or slight.  
Fair.  
Good.

Outlook for the following 24 hours:

Southerly 3 to 4, increasing 4 to 5 overnight.  
Smooth or slight, increasing slight to moderate overnight, with a low swell.  
Fair.  
Good.

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