

AND NOW THE SHIPPING FORECAST ISSUED BY THE MET OFFICE, ON BEHALF OF THE MARITIME AND COASTGUARD AGENCY, AT 1130 ON FRIDAY 07 MARCH 2008

THERE ARE WARNINGS OF GALES IN VIKING NORTH UTSIRE FORTIES CROMARTY FORTH THAMES DOVER SHANNON ROCKALL MALIN HEBRIDES BAILEY AND FAIR ISLE

THE GENERAL SYNOPSIS AT 0600

LOW ICELAND 977 SLOW MOVING, DEEPENING 968 BY 0600 TOMORROW. ATLANTIC LOW 987 MOVING RAPIDLY NORTHEAST, EXPECTED BAILEY 966 BY SAME TIME

THE AREA FORECASTS FOR THE NEXT 24 HOURS

VIKING NORTH UTSIRE SOUTH UTSIRE

SOUTHERLY 5 TO 7, OCCASIONALLY GALE 8 IN VIKING AND NORTH UTSIRE. ROUGH OR VERY ROUGH. RAIN OR SQUALLY WINTRY SHOWERS. MODERATE OR GOOD, OCCASIONALLY POOR

FORTIES CROMARTY FORTH

SOUTH OR SOUTHWEST 5 TO 7, OCCASIONALLY GALE 8. ROUGH OR VERY ROUGH. RAIN OR SHOWERS. MODERATE OR GOOD

TYNE DOGGER FISHER GERMAN BIGHT HUMBER

SOUTH OR SOUTHWEST 5 TO 7, PERHAPS GALE 8 LATER. ROUGH OR VERY ROUGH. RAIN THEN SHOWERS. MODERATE OR GOOD

THAMES DOVER

WEST OR SOUTHWEST 5 TO 7, OCCASIONALLY GALE 8, DECREASING 4 FOR A TIME. MODERATE OR ROUGH. SHOWERS THEN RAIN. GOOD BECOMING MODERATE, OCCASIONALLY POOR LATER

WIGHT PORTLAND PLYMOUTH

WEST OR SOUTHWEST 5 TO 7, DECREASING 4 FOR A TIME, PERHAPS GALE 8 LATER. MODERATE OR ROUGH, OCCASIONALLY VERY ROUGH IN PLYMOUTH. SHOWERS THEN RAIN. GOOD BECOMING MODERATE, OCCASIONALLY POOR LATER

BISCAY FITZROY

WEST OR NORTHWEST BACKING SOUTHWEST 5 TO 7. MODERATE OR ROUGH, INCREASING VERY ROUGH IN NORTH LATER. OCCASIONAL RAIN. MODERATE OR GOOD

SOLE LUNDY FASTNET IRISH SEA

WEST OR SOUTHWEST 5 TO 7, PERHAPS GALE 8 LATER. ROUGH OR VERY ROUGH, OCCASIONALLY MODERATE IN IRISH SEA. SHOWERS THEN RAIN. GOOD BECOMING MODERATE, OCCASIONALLY POOR

SHANNON

WEST OR SOUTHWEST 6 TO GALE 8, PERHAPS SEVERE GALE 9 LATER. VERY ROUGH OR HIGH. RAIN OR SQUALLY SHOWERS. MODERATE OR GOOD, OCCASIONALLY POOR

ROCKALL MALIN HEBRIDES

WEST OR SOUTHWEST 6 TO GALE 8, OCCASIONALLY SEVERE GALE 9. VERY ROUGH OR HIGH. SQUALLY WINTRY SHOWERS, RAIN FOR A TIME. MODERATE OR GOOD, OCCASIONALLY POOR

BAILEY

WESTERLY, BECOMING CYCLONIC FOR A TIME, 6 TO GALE 8, OCCASIONALLY SEVERE GALE 9. VERY ROUGH OR HIGH. SQUALLY WINTRY SHOWERS, RAIN FOR A TIME. MODERATE OR GOOD, OCCASIONALLY POOR

FAIR ISLE

SOUTHERLY, VEERING WESTERLY FOR A TIME, 6 TO GALE 8, PERHAPS SEVERE GALE 9 LATER. ROUGH OR VERY ROUGH, OCCASIONALLY HIGH. SQUALLY WINTRY

SHOWERS THEN RAIN. MODERATE OR GOOD, OCCASIONALLY POOR LATER

FAEROES SOUTHEAST ICELAND

CYCLONIC 5 TO 7, DECREASING 4 AT TIMES. ROUGH OR VERY ROUGH. RAIN OR
WINTRY SHOWERS. MODERATE OR GOOD, OCCASIONALLY POOR