AND NOW THE SHIPPING FORECAST ISSUED BY THE MET.OFFICE
AT 1130 ON MONDAY 03 MAY 2004

THERE ARE WARNINGS OF GALES IN SHANNON AND ROCKALL

THE GENERAL SYNOPSIS AT 0700
LOW 200 MILES EAST OF ICELAND 982 SLOW MOVING WITH LITTLE CHANGE.
DEVELOPING LOW MOVING RATHER QUICKLY SOUTHEAST, EXPECTED HEBRIDES
969 BY 0700 TOMORROW

THE AREA FORECASTS FOR THE NEXT 24 HOURS

VIKING NORTH UTSIRE SOUTH UTSIRE
SOUTHWEST 4 OR 5 BACKING SOUTHEAST 6 OR 7. SHOWERS THEN RAIN.
MODERATE OR GOOD

FORTIES
WEST 4 OR 5 BACKING SOUTHEAST 6 OR 7, PERHAPS GALE 8 LATER. SHOWERS
THEN RAIN. GOOD BECOMING MODERATE

CROMARTY FORTH TYNE
WESTERLY BACKING SOUTHEASTERLY 4 OR 5, INCREASING 6 OR 7 FOR A TIME.
SHOWERS THEN RAIN. MODERATE OR GOOD

DOGGER FISHER GERMAN BIGHT
WESTERLY 4 OR 5 BACKING SOUTHERLY 5 TO 7, PERHAPS GALE 8 LATER. RAIN
OR SHOWERS. MODERATE OR GOOD

HUMBER THAMES DOVER WIGHT
WESTERLY BACKING SOUTHERLY 4 OR 5 INCREASING 6 OR 7, PERHAPS GALE 8
LATER. RAIN OR SHOWERS. MODERATE OR GOOD, OCCASIONALLY POOR

PORTLAND PLYMOUTH BISCAY
WEST OR NORTHWEST 4 OR 5 BACKING SOUTHWEST 5 TO 7, PERHAPS GALE 8
LATER. RAIN OR SHOWERS. MODERATE OR GOOD, OCCASIONALLY POOR LATER

FITZROY
NORTH BACKING WEST OR NORTHWEST 5 TO 7, PERHAPS GALE 8 LATER.
SHOWERS, THEN RAIN IN NORTH. MODERATE OR GOOD

SOLE LUNDY FASTNET IRISH SEA
NORTHWEST 4 OR 5 BACKING WEST OR SOUTHWEST 6 OR 7, PERHAPS GALE 8
LATER. RAIN OR SHOWERS. MODERATE OR GOOD, OCCASIONALLY POOR LATER

SHANNON ROCKALL
WEST OR SOUTHWEST VEERING NORTHWEST 6 TO GALE 8, PERHAPS SEVERE
GALE 9 LATER. RAIN OR SQUALLY SHOWERS. MODERATE OR GOOD,
OCCASIONALLY POOR

MALIN HEBRIDES
WESTERLY BECOMING CYCLONIC THEN NORTHERLY 5 TO 7, PERHAPS GALE 8
LATER. RAIN OR SQUALLY SHOWERS. MODERATE OR GOOD

BAILEY
WESTERLY 4 OR 5 BECOMING CYCLONIC THEN NORTHERLY 6 OR 7, PERHAPS
GALE 8 LATER. RAIN OR SQUALLY SHOWERS. MODERATE OR GOOD

FAIR ISLE
WEST OR SOUTHWEST BACKING EAST OR SOUTHEAST 5 TO 7. SHOWERS THEN
RAIN. MODERATE OR GOOD

FAEROES SOUTHEAST ICELAND
NORTHWEST VEERING NORTH OR NORTHEAST 5 TO 7, PERHAPS GALE 8 LATER,
BECOMING VARIABLE 4 FOR A TIME. RAIN OR SQUALLY SHOWERS. MODERATE

OR GOOD